

COMPLIMENTS OF THE SHERMAN COMMISSION ON AGING

*Our mission is to support
the needs of Sherman's
Senior population
through educational
programming, policy
making on the State and
local level, analyzing
services provided, and
improving quality of life
for all Seniors*

P. O. Box 261
8 Route 37 Center
Sherman, CT 06784

860-354-2414

coashermanct@gmail.com

SHERMAN SOCIAL SERVICES

Director of Social Services
Beth Trott
860-354-2414 ext. 2
shermansocserv@gmail.com

SERVICES

Medicaid/ Medicare
Social Security
SNAP/ Food Assistance
Energy/ Fuel Assistance
Drug & Alcohol Resources
Veterans Benefits
Home Care & Long term Care Referrals
Housing Referrals
Evection Prevention Referrals
Disability Resources

SHERMAN SENIOR CENTER

Coordinator
Suzette Berger
860-354-2414 ext. 1
shermanseniorcenter@gmail.com

PROGRAMS & SERVICES

Transportation for
weekly shopping trips
Educational & Enrichment Programs
Health & Wellness
Day trips &
Social Gatherings

*All are welcome!
Bring a friend,
make a new friend!*

DIRECTORY OF SHERMAN RESOURCES



COMMISSION ON AGING

SHERMAN SENIOR CENTER
8 ROUTE 37 CENTER
SHERMAN, CT 06784
860-354-2414

TOWN AGENCIES

MALLORY TOWN HALL 860-355-1139

SHERMAN SENIOR CENTER
SUZETTE BERGER 860-354-2414 ext-1

SHERMAN SOCIAL SERVICES
BETH TROTT 860-354-2414 ext-2

SHERMAN VOLUNTEER
FIRE DEPARTMENT 860-354-9273

RESIDENT STATE TROOPER 860-354-3715

FIRE MARSHALL 860-350-4063

SHERMAN PUBLIC
WORKS 860-350-5514

EMERGENCY MGMT 860-354-9273

ANIMAL CONTROL 203-746-6888

SENIOR TAX ABATEMENT 860-355-0376

REGISTRAR OF VOTERS 860-350-4694

NEW MILFORD
VISITING NURSE ASSN. 860-354-2216

NEW MILFORD
RECYCLING CTR. 860-355-6044

FAMILY CONTACTS



STATE AGENCIES

POLICE EMERGENCY 911

FIRE EMERGENCY 911

POISON CONTROL 800-343-2722

CT. CRISIS LINE 211

EVERSOURCE
ELECTRIC 800-286-2000

CHARTER CABLE 888-438-2427

ATTY GENERAL 800-660-7785

AMERICAN
RED CROSS 877-287-3327

CONSUMER FRAUD
PROTECTION 800-842-2849

TOWN PARKS & RECREATION

BEACH PASSES &
GARDEN PLOTS 860-354-3629

FISHING LICENSE
FOR 65+ 860-354-5281

STATE PARK
PASSES 860-424-3000

CANDLEWOOD LAKE
AUTHORITY 860-354-6928

LOCAL AMENITIES

SHERMAN LIBRARY 860-354-2455

SHERMAN PLAYERS 860-354-3622

SHERMAN HISTORICAL
SOCIETY 860-354-3083

SHERMAN
POST OFFICE 860-354-6191

TRANSPORTATION

***CALL IN ADVANCE**

TO MAKE RESERVATION*

SENIOR CENTER SHOPPING
TRIPS 860-354-2414 ext-1

F.I.S.H. - Medical & Legal
Appointments 860-355-4334

WHEELS - Medical
Appointments 860-354-6012

If you do not see a number you are looking for, contact the Senior Center.