

# Children & Youth Mental Health Services

## 24-HOUR CRISIS HOTLINES/INFORMATION

INFOLINE .....	211
Website .....	<a href="http://www.infoline.org">www.infoline.org</a>
Children's Emergency Mobile Crisis Services .....	211
DCF Hotline .....	1-800-842-2288
CT Young adult website .....	<a href="http://www.turningpointct.org">www.turningpointct.org</a>
National Suicide Prevention Lifeline .....	1-800-273-TALK (8255)

## MENTAL HEALTH TREATMENT SERVICES

Catholic Charities (children, adolescents, families and adults) .....	203-743-4412
CT Institute for Communities (CIFC) Community Health Center .....	203-797-8330
CT Junior Republic (CJR) (Danbury program) .....	203-797-8575
Assessment, individual therapy, respite, Multi-systemic Family Therapy Additional services through Juvenile probation	
Danbury Hospital Center for Child & Adolescent Treatment Services .....	203-830-6082
Danbury Youth Services .....	203-748-2936
Family & Children's Aid .....	203-748-5689
Outpatient for children and adolescent, individual, family, groups Parents' support groups in English and Spanish	
Newtown Youth and Family Services, Sandy Hook.....	203-270-4335
Wellmore: Intensive home-based services .....	203-797-9778
Urgent care, counseling, referral/Emergency Mobile Psychiatric Services .....	211
Western CT Health Network:	
Individual and Medication management through W. CT Medical Group .....	203-791-5140
Center for Child and Adolescent Treatment Services: IOP for Adolescents .....	203-830-6082

## SUBSTANCE ABUSE TREATMENT SERVICES

Family & Children's Aid: A Better Choice (ABC) Program (ages 13-18) .....	203-748-5689
Adolescent Outpatient Substance Abuse Treatment, Prevention and Education; Individual, family, Parenting sessions, groups for male and female adolescents, Multi-family events	

## FAMILY SUPPORT

NAMI – Connecticut .....	1-800-215-3021
FAVOR .....	860-563-3232

## USEFUL WEBSITES

Access Health CT .....	<a href="http://www.accesshealthct.com">www.accesshealthct.com</a>
Autism Services and Resources Connecticut .....	<a href="http://www.autismconnecticut.org">http://www.autismconnecticut.org</a>
CT Clearinghouse .....	<a href="http://www.ctclearinghouse.org">www.ctclearinghouse.org</a>
CT Behavioral Health Website: (find services by type and by location) .....	<a href="http://www.ct.networkofcare.org">www.ct.networkofcare.org</a>
CT Department of Children and Families .....	<a href="http://www.ct.gov/DCF">www.ct.gov/DCF</a>
Infoline .....	<a href="http://www.infoline.org">www.infoline.org</a>
National Alliance on Mental Illness (NAMI) .....	<a href="http://www.nami.org">www.nami.org</a>
National Institute of Mental Health .....	<a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a>
Mental Health America .....	<a href="http://www.mentalhealthamerica.net">www.mentalhealthamerica.net</a>
National Federation of Families for Children's Mental Health .....	<a href="http://www.ffcmh.org">www.ffcmh.org</a>