

ADULT MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES

24-hour Crisis, Hotlines and Emergency Information

INFOLINE (Statewide)	211
CNV Help/ Travisano Network: Substance abuse/opioid walk-in assessment center	203-794-1975
Connecticut Problem Gambling Helpline	1-800-346-6238
CT/DMHAS 24 hour call center for opioid treatment and services	1-800-563-4086
Crisis Hotline – Western CT Mental Health Network.....	1-888-447-3339
Danbury Hospital Mobile Crisis	203-739-7007
National Suicide Prevention Lifeline	1-800-273-TALK (8255)

MENTAL HEALTH TREATMENT SERVICES

Catholic Charities	203-743-4412
Danbury Hospital’s Community Center for Behavioral Health	203-207-5480
New Milford Hospital’s Behavioral Health Services.....	860-354-3762
Newtown Youth and Family Services, Sandy Hook	203-270-4335

Other mental health programs and services may be available for individuals who qualify for services provided directly by or funded through the Department of Mental Health and Addiction Services (DMHAS). See following page.

SUBSTANCE ABUSE TREATMENT SERVICES

Connecticut Counseling Center: Medication assisted treatment (methadone)	203-743-7574
CNV Help, Inc	203-794-1975
Group therapy, Individual Counseling (limited), DBT, Intensive Outpatient Program (IOP), Social Reunification, domestic violence groups for men and women, anger management	
MCCA	203-792-4515
Substance abuse treatment: outpatient, residential	203-792-4515
Tobacco treatment; (Danbury)	203-743-4895 x1905
Tobacco treatment (New Milford)	860-355-7312

FAMILY SUPPORT

NAMI – Connecticut	1-800-215-3021
--------------------------	----------------

USEFUL WEBSITES

Access Health CT	www.accesshealthct.com
CT Clearinghouse	www.ctclearinghouse.org
Behavioral Health Website	www.ct.networkofcare.org
National Alliance on Mental Illness (NAMI)	www.nami.org
National Institute of Mental Health	www.nimh.nih.gov
Mental Health America	www.mentalhealthamerica.net
CT Young Adult website	www.turningpointct.org
Alcoholics Anonymous meetings in CT	https://www.ct-aa.org/find-a-meeting/
Narcotics Anonymous in CT - call 1-800-627-3543 or website	http://ctna.org/

DMHAS FUNDED PROGRAMS

*Access via Western CT Mental Health Network-Danbury Area office, see below.
DMHAS eligibility criteria apply.*

Western CT Mental Health Network – Danbury Area (WCMHN-Danbury Area)	203-448-3200
Services include: Access/intake, Clinical Services, Case Management, Jail Diversion, Young Adult Services, Transitional Housing Program, ABI/TBI	
Ability Beyond	
Supported Employment	888-832-8247
Interlude Residential Services	888-832-8247
Catholic Charities of Fairfield County	
Community Support Program/Recovery Pathways (CSP/RP)	203-748-0848
Homeless Outreach Services.....	203-748-0848
New Heights (Psychosocial Center)	203-794-0819
Mentoring (Peer Support)	203-794-0819
Center for Human Development/Adult Mental Health (residential services, PILOTS).....	203-797-0691
Guardian Ad Litem Services Inc. (for persons with a conservator).....	203-723-4332
Mental Health Connecticut (Residential Services, Supported Education).....	203-798-2853
Warmline for DMHAS-enrolled clients (peer-based phone support, non-crisis)	860-482-1783
.....	800-314-2680